

First Come, First Serve-Enrollment Limited!

STUDY SKILLS WORKSHOPS

SPONSORED BY MBMS PTA

MR LEE DOUGLAS. DEPARTMENT CHAIR, LEARNING AND ACADEMIC RESOURCES DEPARMENT.
LONG BEACH CITY COLLEGE

TUESDAYS, APR 15, 22, MAY 6 and MAY 13

OR

THURSDAYS, APR 3, 17, 24 and MAY 1

4:00-6:00PM, MBMS, ROOM 100

COST: \$100 (SORRY NO SINGLE WORKSHOP ENROLLMENT).

LISTENING AND NOTE TAKING SKILLS

DO YOU DOZE IN CLASS? LEARN SOME EASY TECHNIQUES THAT ARE SURE TO IMPROVE YOUR GRADES. TOPICS INCLUDE: IMPROVING LISTENING SKILLS. DIFFERENT METHODS OF NOTE TAKING FOR SPECIFIC COURSES AND TESTS. UNDERSTANDING MAIN CONCEPTS IN LECTURES AND ORGANIZING NOTES.

MEMORY TECHNIQUES AND TIME MANAGEMENT

DO YOU STUDY FOR A TEST AND THEN GO BLANK WHEN TAKING IT? ARE YOU A PROCRASTINATOR WHEN IT IS TIME TO STUDY, WRITE A REPORT OR DO SOMETHING ELSE THAT YOU DON'T WANT TO DO? TOPICS INCLUDE: HOW TO STUDY AND RETAIN INFORMATION, HOW TO BUDGET YOUR TIME WISELY AND HOW YOU CAN DO ALL OF THE THINGS YOU NEED TO DO AND STILL HAVE TIME FOR FUN.

TEST TAKING SKILLS

HOW WOULD YOU LIKE TO ACE YOUR NEXT TEST? TOPICS WILL INCLUDE: PERFECTING EDUCATED GUESSES. ALTERNATING STUDY TECHNIQUES, DEVELOPING AN ORGANIZED SYSTEM OF STUDY AND TIME MANAGEMENT AND UNDERSTANDING THEORIES OF MEMORY AND LEARNING.

STUDY TECHNIQUES

TOO MUCH WORK AND NOT ENOUGH TIME? LEARN SOME SUCCESSFUL TECHNIQUES TO GET MORE DONE IN A SHORTER PERIOD OF TIME. TOPICS WILL INCLUDE: UNDERSTANDING WHAT IS REQUIRED OF YOU IN SCHOOL AND COLLEGE, THE POLITICS OF THE CLASSROOM, EFFECTIVE TIME MANAGEMENT, MEMORY TECHNIQUES AND CONCENTRATION TECHNIQUES.

FOR FIRST PRIORITY, MAIL COMPLETED FORM AND CHECK FOR \$100 MADE OUT TO MBMS PTA BY 3/14 TO: CAROL SCHIEWE, 1832 6TH STREET, MANHATTAN BEACH, CA 90266.

Note: Space for the courses is limited. Enrollment will be on a first come first serve basis.

ONCE YOUR \$100 CHECK AND COMPLETED FORM IS SUBMITTED, YOU WILL RECEIVE AN EMAIL OR PHONE CALL LETTING YOU KNOW THAT YOUR CHILD IS ENROLLED. PLEASE POST THE WORKSHOP DATES ON YOUR CALENDAR FOR THERE WILL BE NO REFUNDS FOR MISSED WORKSHOPS.

QUESTIONS? CONTACT CAROL SCHIEWE AT 310-379-8976 or cgschiewe@verizon.net

Please make your \$100 check out to MBMS PTA

STUDENT NAME _____ GRADE _____

ADDRESS _____ Class Preference: _____

PARENT PHONE _____ PARENT EMAIL _____

STUDY SKILLS WORKSHOPS

A NOTE TO PARENTS

The MBMS PTA is proud to sponsor these popular workshops which have produced many favorable results.

You will be contacted if your student is enrolled in the workshops. Please mark the workshop dates on your calendar. **There are no refunds available for this program.** If the workshops are at capacity when your form/check are received, you will be contacted and your check will be returned. We will try to add another class in February, if there is an overwhelming response.

Professor Lee Douglas has conducted various study technique workshops through the College for Youth program at El Camino College since 1993. For a number of years he coordinated the El Camino College recruitment program and supervised the College's orientation program. He has also been a part-time instructor of Learning Skills at El Camino College for over 15 years. Presently he is a full-time Study Skills and Academic Strategies instructor at Long Beach City College and also serves as Department Chair for the Learning and Academic Resources Department. Specializing in Learning Theory and Motivation, Professor Douglas has the training, personality and expertise necessary to bring out the very best in every student.

Professor Douglas' workshops are aimed at stimulating your student to acquire better study habits resulting in greater achievement in school. His more than 20 years in education and his experience with students nationwide form the basis of this effective and important program.

PLEASE HAVE YOUR CHILD BRING PAPER, PENCIL AND THEIR PLANNER TO THE WORKSHOP.

SPACE IS LIMITED. EARLY REGISTRATION IS ADVISED.